

## Communication Roadblocks

### Materials Needed:

- Paper towel rolls
- Toilet paper rolls
- Glue

### Directions:

- Have participants make a roadblock out of the paper towel and toilet paper rolls. The roadblock can be any shape, but make sure it is tall enough to be a barrier when placed on a table between participants.
- Set the roadblock up in the middle of a table.
- Have one person sit on one side of the roadblock, and another person sit on the other side.
- Have the two participants try to have a conversation. The group should take turns to make sure everyone gets to have a chance to have a conversation.
- Once everyone has had a chance, discuss other communication roadblocks (ex: eye contact, not paying attention, posture, voice volume, etc.).
- Role play as many situations as time allows.
- Show participants what a proper conversation looks like.

### Learning Objectives:

- Participants will use fine and gross motor skills to create a roadblock out of paper towel and toilet paper rolls.
- Individuals will carry on a conversation with another person.
- Individuals will learn about and discuss communication roadblocks, such as eye contact and voice volume.